

Exploratory Friday Ideas

DUE IN ADVISORY PRIOR TO THE FRIDAY DATE.

2009-2010 Exploratory Friday Dates: 9/4, 10/30, 11/13, 12/4, 1/28, 2/12, 3/26, 4/16, 5/7

Volunteering:

YMCA
Food Bank
Blood Bank
Zoo
Imaginarium
Senior home
Elem. Schools
Russian Jack
Bean's Café
Animal shelter

Trips:

Portage Glacier
AVTEC
UAA
APU
Talkeetna

Job Shodows:

BP
Airport Canine Unit
Aerometric
AK Railroad
KCC
State of Alaska
Captain Cook
Art gallery
Clothing boutique
Scrap book store
Artist

Personal Expression:

Music lessons
Art class
Creative writing class

Activities:

Rebuild engine
Taking statistics
Water sampling
Campaign
Movie review
Sports
4-wheeler safety training
Hunter safety course
Cooperative Extension classes

Culture:

Visit someone from another culture
Learn Yupik

Health:

Work with personal trainer to develop
Fitness plan
Interview nurse

Jobs:

Work
Apply for job

Interview:

Someone in field you're interested in

REMEMBER:

You can buddy up for an Exploratory Friday.

Think about going to work with a parent or family member.

You need to be earning standards!