



# Request for PSS Advancement



*This form must be filled out a minimum of one week before your meeting*

## Part One:

Student Name: \_\_\_\_\_ PSS Level: \_\_\_\_\_

Today's Date: \_\_\_\_\_ Advisors Name: \_\_\_\_\_

## Part Two:

Date and Time of Presentation: \_\_\_\_\_

Location of Presentation: \_\_\_\_\_

## Part Three:

I have looked at PSS advancement rubric

I have reviewed the questions I might be asked

I have 2 -3 projects to showcase

Student Signature: \_\_\_\_\_

## Part Four:

Advisor Signature: \_\_\_\_\_

Attending Admin Name & Signature: \_\_\_\_\_

Attending Teacher Name & Signature: \_\_\_\_\_

Attending Teacher Name & Signature: \_\_\_\_\_

Attending Peer Names & Signatures: \_\_\_\_\_

## PSS Level Advancement Rubric

Topic	Advanced	Proficient	Developing	Emerging
Preparedness	<ul style="list-style-type: none"> <li>*Showcase of lessons learned is digital and/or available for viewing school-wide with three or more examples</li> <li>*Examples and visual aids are digital and/or multimedia</li> <li>*Presentation is rehearsed and polished</li> </ul>	<ul style="list-style-type: none"> <li>*Showcase of standards is descriptive with two or more examples</li> <li>*Clearly articulates answers to the panel with examples and/or visual aids</li> <li>*Shows evidence of practicing presentation</li> <li>*Uses a talking tool throughout presentation</li> </ul>	<ul style="list-style-type: none"> <li>*Showcase of standards shows partial learning with one or two examples</li> <li>*Has answers to some of the questions asked by the panel</li> <li>*Follows an outline for part of the presentation</li> </ul>	<ul style="list-style-type: none"> <li>*Showcase of standards shows that learning is still taking place</li> <li>*Has partial answers to some of the questions asked by the panel</li> <li>*Attempts to follow an outline for part of the presentation</li> </ul>
Enthusiasm	<ul style="list-style-type: none"> <li>All of proficient AND</li> <li>*Presentation reflects personality of presenter</li> <li>*Documents how learning experiences have impacted ones life</li> </ul>	<ul style="list-style-type: none"> <li>*If used, humor is appropriate and professional</li> <li>*Presentation is interactive</li> <li>*Presentation celebrates learning</li> <li>*Shows sincere enthusiasm for lessons learned</li> </ul>	<ul style="list-style-type: none"> <li>*Uses humor appropriately most of the time</li> <li>*Presentation is minimally interactive</li> <li>*Presentation celebrates learning on a superficial level</li> <li>*Enthusiasm for learning is shown most of the time</li> </ul>	<ul style="list-style-type: none"> <li>*Presentation is meant to be interactive</li> <li>*Presentation showcases the beginning stages of learning</li> <li>*Some enthusiasm in presentation</li> </ul>

### Presentation Feedback

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## PSS Level 1

- **Give student an emergency scenario where they must discuss their first aid response.**(first aid)
- **Talk to us about your favorite leisure activity, and how it fits into your total lifestyle.** (leisure activities)
- **What was the one thing you've found out about the human body and health that will change your lifestyle or your choices most dramatically?** (understanding of human body)
- **Where do you feel you have progressed most in terms of attitude, behavior, choices, or self esteem?** (attitude, self esteem)
- **Define what "respect for self, others, and property" means to you.** (respect)
- **In the area of honesty and responsibility, where do you feel like you need to continue to make progress?**(honesty and responsibility)
- **Describe a time you felt like you did not set appropriate limits, and explain what you learned from that experience.** (setting limits)
- **Tell us about a difficult decision you had to make, and your process for coming to a decision.** (decision making process)
- **What about your personal or cultural background do you feel is an important trait you bring to HTH?** (cultural traits)
- **How have you incorporated visual and performing arts into your life? has this made a difference to you?**(visual and performing arts)
- **How have you been "stretched" by your encounters with art?** (mediums, relevance of arts)
- **What was the most surprising thing you heard in your interview with a service-minded person?**(interview about service)
- **How have you seen service to others enhance your community or the world?**(why service is important)
- **How did you feel after you had volunteered at a community event?** (community event)
- **What is the biggest challenge for you while working collaboratively in groups?**(interpersonal skills)
- **Tell us about a time where you experienced negative peer pressure, and how dealt with it.**(negative peer pressure)
- **Describe a time where you had the chance to see the world from a different cultural point of view. What did you learn?**(diversity, empathy, equality)
- ***Should be evident through student's behavior during interview.*** (skills for interacting with adults)

## PSS Level 2

- **Give us an injury/disaster scenario and how you would use your first aid skills.** (safety/first aid)
- **What activity do you participate in most to stay in shape? Why do you enjoy it?** (exercise)
- **What did you eat for dinner last night? How do you think you could improve your health habits?** (nutrition, substance abuse, hygiene)
- **If we were to ask your friends what your biggest strength is, what would they say?** (strengths and weaknesses)
- **For what are you most grateful for in life? When was the last time you expressed your gratitude to that person/thing/being?** (gratitude)
- **Describe a time you missed a deadline and how you changed your habits after that experience.** (deadlines)
- **What is one way you celebrate your own culture?** (culture/heritage)
- **How have you opened up your artistic/creative abilities for others to see, comment, and criticize?** (artistic style and criticism)
- **What is your favorite piece of famous artwork? What makes it meaningful to you?** (design elements)
- **Describe a service project you completed inside the school. What sort of response did you receive from staff, stakeholders, peers?** (service project)
- **Where do you volunteer at? How would you improve that organization if you could?** (volunteering)
- **What role do you feel most comfortable in, while working in a group? Leader Organizer? Recorder? Someone who makes suggestions? "Do-er?"** (group work)
- **What strategy do you use most often when confronted with negative peer pressure?** (peer pressure)
- **Describe how empathy plays a role in your life.** (empathy, diversity, equality)

### PSS Level 3

- **Describe the important points to remember while dealing with an emergency situation.**
- **What new activities did you participate in? Which was more meaningful to you?**
- **How have you dealt with nutritional issues in proactive ways?**
- **What stress management techniques have you learned and how have you used them?**
- **Describe one time when you acknowledged the hard work of someone else.**
- **How have you given and received constructive criticism? How does this relate to self evaluations?**
- **Give examples of times when you have displayed appropriate positive attitudes (especially when it wasn't easy or convenient).**
- **What stretch goal(s) have you set while working on this level of PSS? Did you celebrate your successes? How?**
- **What culture did you describe? How did it impact you?**
- **What new art form did you try? Describe how learning a new art skill helped you in other areas of your life.**
- **Describe some critiquing skills you learned.**
- **Describe how you contributed to group work and how your leadership skills were used in difficult situations.**
- **What peer pressure strategies did you try out? How did they work for you?**
- **Why is empathy so important? Why is diversity matter?**
- **What conflict resolution skills did you use while working on this level? Describe one or two examples.**
- **Who did you volunteer for? What did you do? How did this make you feel?**
- **What was your service project plan?**

#### PSS Level 4

- **Describe the specialized health program you completed. How will this help you be a better citizen?**(First aid, CPR, EMT)
- **What fitness activities were you involved in? Were you consistently involved before working on this level? If no, did consistency help you improve?** (Fitness activity/club)
- **Describe how your personal health plan supported making good choices. Did you notice a difference in your overall health and/or awareness?** (Nutrition/exercise plan)
- **What new stress management techniques did you employ? Did these help?**(Stress management)
- **When did you need to be flexible and resilient while working on this level? Did you receive helpful feedback from others?**(Flexibility, resiliency)
- **When you lead others with humility and assertiveness did you make a positive impact on others? How? Why not?**(Leadership skills)
- **What opportunities for improvement (OFIs) did you encounter? How did you embrace these?** (OFIs & Problem solving)
- **If we asked your best friend what your three greatest strengths are, what would they say?** (Personal awareness)
- **Describe a time you made a mistake. How did you admit and fix the problem?**(Humility)
- **Why is it important to honor other cultures in everyday life?** (Cultural appreciation)
- **Can you describe or showcase your favorite pieces of original art? What is the biggest challenge in self-critiquing work?** (Art portfolio)
- **Which three art eras did you choose and what is one interesting thing about each?** (Art appreciation)
- **How did you collect data for a a community service project? What impact did you have on your community?** (Needs based service projects)
- **What strategies have you used to maintain positive attitudes when it was really difficult to do so?** (Interpersonal relationships)
- **How have you avoided negative peer pressure? Why?** (Peer pressure strategies)
- **Which cultural event did you attend? What are three similarities and three differences?** (Cultural event)
- **Describe how you used conflict resolution outside of school to solve issues.** (Conflict resolution)