

<a href="#">Back to Index</a>		<b>Personal/Social/Service Level 6</b>			Skills	Analytical	Contextual
<b>Health:</b>							
SL.HL.06 .01.01	Volunteers with a response team or relief organization.						
SL.HL.06 .02.01	Sets challenging fitness goals, tracks progress, and presents results in order to motivate others.						
SL.HL.06 .03.01	Mentors and educates others on the importance of maintaining a healthy body with adequate nutrition and fitness, proper hygiene, and avoidance of harmful substances.						
SL.HL.06 .04.01	Models strategies to deal with stress management.						
<b>Personal:</b>							
SL.PR.06 .01.01	Models honesty, integrity and respect when interacting with others (children, peers, adults).						
SL.PR.06 .02.01	Determines when it is appropriate to lead and when to follow.						
SL.PR.06 .03.01	Articulates and defends the decision making processes used in a variety of situations.						
SL.PR.06 .04.01	Demonstrates personal growth through commitment to life-long learning.						
<b>Personal Expression:</b>							
SL.PE.06 .01.01	Completes an art portfolio, selects best pieces, presents to an audience of artists, and appreciates constructive criticism.						
SL.PE.06 .02.01	Explores famous controversial art works of multiple mediums and their influence on their time period.						
<b>Service:</b>							
SL.SV.06 .01.01	Reflects on the meaning of service experiences and how this type of effort will be used throughout their life. Presents to an audience of peers and community leaders.						
SL.SV.06 .02.01	Demonstrates leadership by interacting with a national or global service organization.						
<b>Social:</b>							
SL.SC.06 .01.01	Models techniques to foster personal relationships and takes a leadership role to work effectively in groups.						
SL.SC.06 .02.01	Creates a plan and gathers support for a community or world problem.						
SL.SC.06 .03.01	Analyzes and explains world cultures, and reflects on the impact of global awareness in his/her life.						

Health Resources:

[www.mypyramid.gov](http://www.mypyramid.gov)

[www.healthfuturesak.org](http://www.healthfuturesak.org)