

Back to Index		Personal/Social/Service Level 4			Skills	Analytical	Contextual
Health:							
SL.HL.04.01.01	Completes a health program that includes specialized training (first aid card, EMT, jr. firefighter, lifeguard certification)						
SL.HL.04.02.01	Consistently participates in an activity, club, or team sport that promotes physical fitness.						
SL.HL.04.03.01	Creates and practices a personal health plan to maintain proper nutrition, and identifies preventions and treatments for diseases, disorders, and addictions.						
SL.HL.04.04.01	Practices different strategies for stress management during a crisis or personal loss.						
Personal:							
SL.PR.04.01.01	Demonstrates flexibility, adaptability, and resiliency (through perseverance, acceptance of change, patience, etc.).						
SL.PR.04.02.01	Develops leadership skills through teaching others and delegating tasks.						
SL.PR.04.03.01	Identifies specific obstacles and failures as opportunities for growth.						
SL.PR.04.04.01	Demonstrates personal awareness through sharing of values, interests, strengths and weaknesses (ILP, Life Skills portfolio,						
SL.PR.04.05.01	Admits mistakes and takes corrective action to make amends.						
SL.PR.04.06.01	Accepts and appreciates the people and customs of other cultures.						
Personal Expression:							
SL.PE.04.01.01	Presents a beginning portfolio of personal art, recognizes development over time, and self-assesses a piece in depth.						
SL.PE.04.02.01	Recognizes the defining characteristics of three art eras (ex: Gothic, Renaissance, Baroque, Realism, Impressionist)						
Service:							
SL.SV.04.01.01	Completes a data-based needs assessment of the community, performs a service project designed around community needs, and						
Social:							
SL.SC.04.01.01	Practices positive interpersonal relationships in a variety of group settings.						
SL.SC.04.02.01	Explains and justifies peer pressure strategies used in personal life experiences.						
SL.SC.04.03.01	Demonstrates empathy and respect for diverse cultures by attending, reflecting on, and sharing his/her experience relating to an unfamiliar cultural event.						
SL.SC.04.04.01	Applies conflict resolution skills to home, school, local, and global situations.						

Health Resources:

www.mypyramid.gov
www.healthfuturesak.org